



### Introductory Bio-Feedback Scan

I want to welcome you here today. The following pages will give you an introductory insight into your health. Reports from your scan provide you with information that may help identify your individual stressors and balancers for your body. Identifying items to which you have an unusual response gives you and your Wellness Partner insight about basic health and wellness-related issues that may be keeping you from functioning at an optimal balanced state. It will identify your biological preference for Young Living Products.

Does one size fit all when it comes to nutritional support? Of course not! your scan can help identify your body's unique positive responses; we call these your biological preferences. Knowing your biological preferences helps you and your Wellness Partner choose the supplements that will support your individual health needs.

It can help you save money too. There are a lot of good nutritional supplements but you probably don't need them all. Knowing your biological preferences helps you choose products that are right for you. Choosing well means your investment in supplements is more likely to pay off, providing you the benefits you need and saving money on things you don't need.

We look forward to helping you get started on "Your Path To Wellness"

Wellness Partner Name:

Wellness Partner Contact info:

Please avoid as many ingredients/items on this list for the next 30 days.

You do not have to have ever eaten or be eating any ingredient for it to appear on this list.

Additives

- 22.36 **Heptylparaben**
- 22.28 **Glycerine**

Beans/Legumes

- 18.37 **Soy Bean**
- 14.87 **Blackeyed Pea**

Beverage

- 9.02 **Coffee**

Dairy/Eggs

- 8.65 **Goat Milk**
- 12.49 **Mozzarella Cheese**

Fish/Seafood

- 28.09 **Sardine**
- 21.11 **Herring**

Fruits

- 30.00 **Cranberry**
- 13.71 **Honeydew Melon**

Grains

- 19.59 **Semolina (Farro)**
- 15.75 **Kamut**

Meats/Poultry

- 22.55 **Cornish Hen**
- 19.84 **Goat**

Misc Foods

- 12.84 **Brewers Yeast**
- 12.69 **Green Olive**

Nightshades

- 10.93 **Eggplant**
- 10.09 **Black Pepper**

Nuts/Seeds

- 19.59 **Macadamia**
- 16.47 **Flax Seed**

Spices/Seasonings

- 22.05 **Caraway Seed**
- 19.54 **Allspice**

Sugars



-17.72 **Molasses**  
-16.92 **Maple Sugar**

Vegetables

-29.17 **Jicama**  
-19.45 **Endive**

Please ask your Wellness Partner for usage instructions for Essential Oils. It will assist in how to apply and where the oil properly.

#### Young Living Single Oils

##### 23.26 YL - Ledum Essential Oil

Ledum (*Ledum groenlandicum*) has a long history of use. As a tea, ledum provides well-being. It is also believed to harmonize and balance the body's daily needs.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for topical use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children.

##### 20.64 YL - Black Pepper Essential Oil

Black pepper (*Piper nigrum*) has a pungent, crisp aroma that is comforting and energizing. It is supportive of the digestive system and is useful topically for soothing muscle discomfort following exercise. Black pepper may also be used to enhance the flavor of foods. Pepper has an approximate ORAC of 796,635 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

##### 20.26 YL - Pine Essential Oil

Pine (*Pinus sylvestris*) has a refreshing, invigorating aroma. First investigated by Hippocrates, the father of Western medicine, pine is soothing for stressed muscles and joints when used in massage. It shares many of the same properties as *Eucalyptus globulus*, and the action of both oils is enhanced when they are blended.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Do not use near fire, flame, heat or spark. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children. Avoid oil adulterated with turpentine, a low-cost but potentially hazardous filler.

#### Young Living Combination Oils

##### 22.93 YL - Aroma Life Essential Oil Blend

Aroma Life™ combines the harmonizing effects of ylang ylang with known powerhouses cypress, helichrysum, and marjoram. Pulsing with life, this vibrant blend energizes your life force. It is best applied over heart energy - front and/or back.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

Ingredients: Cypress (*Cupressus sempervirens*), marjoram (*Origanum majorana*), Helichrysum (*Helichrysum italicum*), and ylang ylang (*Cananga odorata*) in a base of sesame seed oil.

##### 21.52 YL - Peace & Calming II Essential Oil

Peace & Calming II™ Essential Oil (Blends) 5 ml

Aromatic | Topical

Item # 5327

D. Gary Young specially formulated Peace & Calming II™ essential oil blend as his recommended option and alternate to Peace & Calming. Gary handpicked this new formulation to stay true to the original constituent character of its predecessor and offer the same great experience. The gentle aroma of Peace & Calming II includes Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, and Young Living's exclusive Northern Lights Black Spruce essential oils.

This proprietary blend creates a relaxing and pleasant aroma when inhaled or diffused. Dilute and apply topically to moisturize and beautify the appearance of skin. Peace & Calming II includes the naturally occurring constituents germacrene D, linalol, alpha-pinene, and bisabolol. Along with Peace & Calming, you'll now have two unique and powerful options that can be used individually or together for a complementary experience!

#### How to Use

Topical: Dilute 1 drop with 1 drop of V-6™ or olive oil and apply to desired area as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

Caution: Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking



medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

#### Ingredients

Citrus reticulata† (Tangerine) peel oil, Citrus aurantium dulcis† (Orange) peel oil, Cananga odorata† (Ylang ylang) flower oil, Pogostemon cablin† (Patchouli) oil, Picea mariana† (Northern Lights black spruce) leaf oil, Chamomilla recutita† (Matricaria) flower oil, Vetiveria zizanioides† (Vetiver) root oil, Cistus ladaniferus† (Cistus) oil, Citrus aurantium bergamia† (Bergamot) peel oil, Cinnamomum cassia† (Cassia) leaf oil, Artemisia pallens† (Davana) flower oil

†100% pure, therapeutic-grade essential oil

### Young Living Product Support

#### 19.70 YL - Olive Essentials

Discover a keystone of the Mediterranean lifestyle with Olive Essentials™. Featuring ingredients handpicked to support your overall well-being and healthy heart, it's sure to become a staple in your home. Olive Essentials features hydroxytyrosol from Spanish olives, a naturally occurring compound that contributes to the fruit's healthy reputation. Each capsule of Olive Essentials has as much hydroxytyrosol as a liter of extra virgin olive oil, delivering a concentrated amount of this invaluable compound.

Hydroxytyrosol is a phenolic compound obtained from olive fruit and leaves. It is considered a powerful antioxidant compound with beneficial properties that support overall health. The formula also features Rosemary Vitality™ essential oil to help keep your healthy immune system in top shape, while Parsley Vitality™ essential oil goes to work promoting internal cleansing.\*

#### FEATURES & BENEFITS

- Helps support vascular and heart health\*
- Supports total body wellness, a healthy immune system, and internal cleansing\*
- Contains Hydroxytyrosol, a phenolic compound obtained from olive fruit and olive leaves, considered a powerful antioxidant that supports overall health\*
- Provides as much hydroxytyrosol as a liter of extra virgin olive oil in each capsule
- Includes olive leaf and fruit extracts sourced from Spain
- Features a blend of essential oils with antioxidant properties, including Parsley and Rosemary oil

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.

#### 12.82 YL - Super B Tablets

Super B™ Tablets

Item # 3240

Super B is a comprehensive vitamin complex containing all eight essential, energy-boosting B vitamins (B1, B2, B3, B5, B6, B7, B9, and B12). Recently reformulated, it now Features Orgen-FA®\*, a natural folate source derived from lemon peels, and methylcobalamin, a more bioavailable source of B12.

Combined with Nutmeg essential oil and bioavailable chelated minerals such as magnesium, manganese, selenium, and zinc, Super B not only assists in maintaining healthy energy levels, but it also supports mood and cardiovascular and cognitive function.\*

B vitamins are essential to our health and well-being, and each B vitamin performs a unique and separate function in the body. Unfortunately, they must be replenished daily, as they are not stored in the body.

Take 2 tablets daily with a meal.

Caution: Keep out of reach of children. If pregnant, nursing, taking medication, or have a medical condition, consult a healthcare practitioner prior to use. If taken on an empty stomach, you may experience a temporary niacin flush/warming sensation.

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.

#### 11.90 YL - Super C Chewable Tablets

**ZYTO™**

Test Client - 3/27/2020

Page 5 of 7

The ZYTO Hand Cradle has been cleared by the FDA for the measurement of galvanic skin response. ZYTO software has not undergone FDA review for effectiveness. ZYTO technologies are not intended to be used in the diagnosis, cure, treatment, mitigation, or prevention of any disease or medical condition. The diagnosis and treatment of medical conditions should only be undertaken by qualified medical professionals. ZYTO professional software provides general wellness information and should not be used without the involvement of a licensed healthcare professional. ZYTO products have not been the subject of controlled clinical trials to establish their effectiveness and their use is not a generally accepted medical practice by the traditional medical establishment. If you have any questions regarding ZYTO technology or our products please contact us at [info@zyto.com](mailto:info@zyto.com).

Super C™ Chewable Tablets  
Item # 3251

Super C combines pure Orange essential oil with a proprietary blend of camu camu, acerola, cherry, and rose hips fruit powder to create a powerful immune-supporting supplement. Together, these premium ingredients deliver desirable polyphenols, carotenoids, and optimal amounts of vitamin C in a convenient chewable tablet.

Take daily or when additional vitamin C is desired.

Directions: Take 1 chewable tablet 3 times daily or as needed.

Caution: Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Contains milk or milk derivatives.



The following list are emotional essences your body is asking for. Please review each one and identify an event, place, person, time period, situation etc that comes to mind and make a note by each one. Please ask your Wellness Partner if you need further clarification on an item that appears. Each essence does not always have to be you. It can be a family member, friend or someone of influence from childhood etc.

#### Bach Flower

##### 24.16 Clematis

Clematis is for people who live in a world of their own with no interest in the real world. They find it hard to live in the present.

They are not really happy and yearn for better times; however they take no active steps to bring these about. They have a poor memory, with little head for detail. They tend to lack energy, and appear absent minded.

They like to be alone and will avoid confrontations by withdrawing. When ill they make no effort to get well. They may be strongly romantic. Clematis is appropriate for people who have lost a loved one and long to join them. Through lack of concentration, they may tend to be accident-prone.

Clematis children have difficulty in concentrating due to a tendency to daydream rather than lack of innate ability.

The positive potential of Clematis is a lively interest in the world around, and enjoyment of life. Positive Clematis people are open to inspiration and fulfill their creative potential for instance in art, writing, design, fashion, or healing. Realistic and down to earth, they have a sense of purpose and recognize that the future is shaped by the present. They are well grounded and able to control their thoughts.

##### 19.83 Chestnut Bud

Chestnut Bud is for failure to learn by experience, leading to an inability to make progress in life. The person keeps repeating the same mistakes, such as falling over again and again for the wrong partner, or continuing to work in an unsuitable job. Instead of learning from past mistakes, Chestnut Bud people try to forget them and therefore have no basis on which to make future decisions. They may suffer recurrent ailments but never question why they keep returning and thus fail to deal with the root cause.

Positive potential: Dr Bach wrote: 'This remedy is to help us to take full advantage of daily experiences and to see ourselves and our mistakes as others do.' The positive Chestnut Bud personality observes his or her own mistakes with objectivity, and learns from every experience, gaining knowledge and wisdom so as to move forward in life. Mentally active, he or she also observes and learns from others.

##### 18.56 Wild Oat

Wild Oat is for people who have reached a cross-roads in life and are completely undecided as to what to do. They may have ambition and a variety of talents but waste their gifts through lack of a clear direction. They may try several different careers but easily become bored and unsettled, life is passing them by and feel frustrated and dissatisfied.

Wild Oat is helpful in making important decisions such as choosing a career.

The positive potential of Wild Oat is a clear picture of what to do in life, with positive ideas and ambitions and the ability to decide upon one's true path. Talents are used constructively. These multi-talented people may find ways of pursuing more than one career at once. They no longer give up when bored.