

YOUR CUSTOMIZED ENERGY SUPPORT

Our bodies are designed to be energetic and healthy. When our energy drops, it is a warning sign that something may be out of balance in the body. Rather than artificially raising energy levels in the body with caffeine and other stimulants, the natural approach to lasting energy is to correct any imbalances which may have arisen and help your body function at peak efficiency. When the systems of the body are working together harmoniously, energy levels naturally increase.

One of the best natural ways to boost energy is to keep yourself hydrated. A good target to shoot for is to drink 1/2 of your body weight in ounces of pure, filtered water. For example, if you weigh 150 pounds, you want to drink at least 75 ounces of water each day. One of the easiest ways to ensure that you are getting sufficient water each day is to carry a water bottle. This way you can see how much you are drinking.



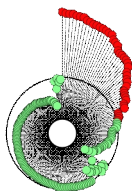
The supplements below are those for which your body shows the highest biological preference. The higher the dR value, the higher the preference. These particular remedies work best when you sip them slowly to keep a constant flow of these energy-boosting nutrients in your system.

These nutrients are all nano-derived, which mean that they are live-source nutrients which are easily absorbed into your body. To help enhance the flavor of your water, you may want to consider adding in some Premier Pomegranate or Black Cherry concentrate.

SUPPLEMENTS TO ADD TO MY WATER BOTTLE

After you selected the time of day when your energy drops, we asked your body for specific feedback regarding areas of stress in your body which may be related to this issue. Following are the results of that assessment. The circle represents your range, the threshold at which your body starts to throw off a stress response. Each red dot is related to a biomarker which is showing a stress response greater than your range and each green dot represents a biomarker which is within your body's range.

The goal of this assessment is to lessen the overwhelming stress on your body to free up your body's innate healing ability. Next to each remedy, you will see the amount of balancing impact it has on your system. Don't worry about bringing every biomarker into balance. The goal is to lessen your stress to the point where your body has additional energy freed to heal itself and function at its best. These are the supplements for which your body is showing the highest biological preference.



Baseline

Biomarkers Out of Range: 44

SOME ADDITIONAL CUSTOMIZED ENERGY REMEDIES



Your energy can wane at different times of the day for different reasons. In addition to the energy-boosting supplements in your water bottle, these are the supplements for which your body showed the highest biological preference to boost your energy at specific times of day. You may want to consider adding these supplements to your nutrient regimen. If you are currently pregnant, breastfeeding, or on prescription medication, it is advised to review these with your general practitioner before use.

ZYTO™

Test Client - 8/20/2018

Page 1 of 2

The ZYTO Hand Cradle has been cleared by the FDA for the measurement of galvanic skin response. ZYTO software has not undergone FDA review for effectiveness. ZYTO technologies are not intended to be used in the diagnosis, cure, treatment, mitigation, or prevention of any disease or medical condition. The diagnosis and treatment of medical conditions should only be undertaken by qualified medical professionals. ZYTO professional software provides general wellness information and should not be used without the involvement of a licensed healthcare professional. ZYTO products have not been the subject of controlled clinical trials to establish their effectiveness and their use is not a generally accepted medical practice by the traditional medical establishment. If you have any questions regarding ZYTO technology or our products please contact us at info@zyto.com.

MORE INFORMATION ABOUT SUPPLEMENTS TO ADD TO MY WATER BOTTLE

Here is some additional information from the product manufacturer about each of your chosen remedies...

14.04 PRL: Polar Mins

POLAR, GEOMAGNETIC OCEAN MINERAL CONCENTRATE PROMOTES WHOLE-BODY MINERAL HEALTH* Ionized, colloidal minerals are easily absorbed and support literally all body functions as well as efficient cleansing.* Polar Mins is a broad-spectrum, electrochemically charged, highly concentrated source of minerals from the deep, pristine Southern Ocean near Antarctica. This is a 100:1 concentrate: 1 gallon of Polar Mins is equal to the minerals found in 100 gallons of ocean water (salt removed).

1/2 Teaspoon Contains:

-Sea Mineral Concentrate (ocean derived)2.5ml
Yielding: Calcium0.02mg
Magnesium422mg
Sodium90mg
Potassium116mg
Sulfur69mg
Carbon109mg Other Ingredients: None.

Recommended Use: Adults or children (age 4 and up): Take 1/2 teaspoon, twice daily in 1 cup of juice or water. For children, age 1 to 4: Take 5 drops daily in juice or water. For those who are sensitive, dilute 1/2 tsp. in 2 cups of water. May also be taken in soups and foods. Due to the concentrated nature of these minerals, do not take undiluted.

8 fl oz/ bottle

Spray Bottle 2 oz (empty)

This is the end of the product manufacturer descriptions.