**Ancestry.com Instructions**

​1.     Log-in to your Ancestry account if you are not already.  
2.     Click the DNA tab located in the main menu bar at the top of the page.  
3.     Click the SETTINGS button located on the right side of the page. ...  
4.     On the right side of the Test Click “Download Raw DNA Data”  
5.     A box will pop up, enter your password and click “I understand……”  
6.     An email will come containing  “confirm” the download, click Confirm Data Download  
7.     Then click “download DNA raw data”  
The file will then download to your computer named “AncestryDNA.txt”  
Send that file to [**info@comprehensivewellnesssolutions.com**](mailto:info@comprehensivewellnesssolutions.com)